



# 2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

[Resource Directory Home Page](#)

## Northeast Massachusetts Area

Acton	Chelmsford	Littleton	Newbury	Tewksbury
Amesbury	Concord	Lowell	Newburyport	Topsfield
Andover	Danvers	Lynn	North Andover	Tyngsborough
Arlington	Dracut	Lynnfield	North Reading	Wakefield
Bedford	Dunstable	Malden	Peabody	Waltham
Belmont	Essex	Manchester	Reading	Watertown
Beverly	Everett	Marblehead	Rockport	Wenham
Billerica	Georgetown	Maynard	Rowley	Westford
Boxborough	Gloucester	Medford	Salem	West Newbury
Boxford	Hamilton	Melrose	Salisbury	Wilmington
Bradford	Ipswich	Merrimac	Saugus	Winchester
Burlington	Lawrence	Methuen	Stoneham	Woburn
Byfield	Lexington	Middleton	Stow	
Carlisle	Lincoln	Nahant	Swampscott	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
<p><b>Alternative House, Inc.</b></p> <p>P.O Box 2100 Lowell, MA 01885 978-937-5777 24/7 Hotline:888-291-6228</p> <p><b>alternative-house.org</b></p>	<ul style="list-style-type: none"> <li>- Community-based support group</li> <li>- Community education</li> <li>- Domestic violence emergency shelter services</li> </ul>	<ul style="list-style-type: none"> <li>- Portuguese</li> <li>- Spanish</li> </ul>
<p><b>Arbour Counseling Services</b></p> <p>116 Summer Street Haverhill, MA 01830 978-373-7010</p> <p>599 Canal Street Lawrence, MA 01840 978-686-8202</p> <p>10 Bridge Street Lowell, MA 01852 978-453-5736</p> <p><b>arbourhealth.com</b></p>	<ul style="list-style-type: none"> <li>- Individual, couple, family, and group mental health counseling</li> <li>- Substance abuse counseling</li> <li>- Case management</li> <li>- Latino partial hospitalization program</li> <li>- Women’s partial hospitalization program</li> <li>- The Triangle Program (LGBTQ focused)</li> </ul>	<ul style="list-style-type: none"> <li>- Spanish</li> <li>- Greek</li> <li>- Khmer</li> <li>- Russian</li> <li>- Ukrainian</li> </ul>
<p><b>Arbour Counseling Services Latino Program</b></p> <p>115 Mill Street Belmont, MA 02478 617-855-2000</p> <p><b>arbourhealth.com/about/Latino-services</b></p>	<ul style="list-style-type: none"> <li>- Short-term treatment for Latino adults with psychiatric or co-occurring psychiatric and addiction disorders</li> <li>- Psychotherapy and psychoeducation group sessions</li> <li>- Individual, group, and family therapy</li> <li>- Medical evaluation and monitoring</li> </ul>	<ul style="list-style-type: none"> <li>- Spanish</li> </ul>

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
<p><b>Bosnian Community Center for Resource Development, Inc.</b></p> <p>330 Lynnway, Suite 302 Lynn, MA 01901 781-593-0100 Ext. 20</p> <p><b>bccrd.org</b></p>	<ul style="list-style-type: none"> <li>- English for Speakers of Other Languages (ESOL)</li> <li>- Citizenship assistance</li> <li>- Translation and Interpreting Project</li> <li>- Services for refugees and immigrants who are deaf or hard of hearing</li> <li>- Legal assistance</li> <li>- Information and referrals</li> </ul>	<ul style="list-style-type: none"> <li>- Albanian</li> <li>- Arabic</li> <li>- Bosnian</li> <li>- Croatian</li> <li>- Nepali</li> <li>- Hindi</li> <li>- Serbian</li> <li>- Somali</li> </ul>
<p><b>Cambodian Mutual Assistance Association</b></p> <p>465 School Street Lowell, MA 01851 978-454-6200</p> <p><b>cmaalowell.org</b></p>	<ul style="list-style-type: none"> <li>- English for Speakers of Other Languages (ESOL)</li> <li>- Civics and history classes</li> <li>- Aid with citizenship application process</li> </ul>	<ul style="list-style-type: none"> <li>- Khmer (Cambodian)</li> <li>- Lao</li> <li>- Thai</li> <li>- Vietnamese</li> <li>- Burmese</li> </ul>
<p><b>Children’s Friend &amp; Family Services—A Division of Justice Research Institute</b></p> <p>112 Market Street Lynn, MA 01901 781-592-5691</p> <p>15 Union Street Lawrence, MA 01840 978-682-7289</p> <p><b>childrensfriend.net</b></p>	<ul style="list-style-type: none"> <li>- Children’s mental health services</li> <li>- Youth mentoring</li> <li>- Teen parenting services</li> <li>- Juvenile court services</li> <li>- In-home therapy</li> <li>- Therapeutic mentoring</li> <li>- Outpatient therapy</li> <li>- Family support and training</li> </ul>	<ul style="list-style-type: none"> <li>- Haitian Creole</li> <li>- Cantonese Chinese</li> <li>- Khmer (Cambodian)</li> <li>- Albanian</li> <li>- Spanish (Lawrence only)</li> </ul>

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
<p align="center"><b>Congolese Development Center</b></p> <p align="center">330 Lynnway 781-593-0100 Ext. 11</p> <p align="center"><b>cd-c.org</b></p>	<ul style="list-style-type: none"> <li>- Translation services</li> <li>- Legal services</li> <li>- Employment services</li> <li>- Preventative health services</li> <li>- Cultural promotion and advocacy</li> <li>- Cross-cultural interaction program</li> </ul>	<ul style="list-style-type: none"> <li>- French</li> </ul>
<p align="center"><b>Eliot Community Human Services</b></p> <p align="center">730 Eastern Avenue Malden, MA 02148 781-395-0704</p> <p align="center"><b>eliotchs.org</b></p>	<ul style="list-style-type: none"> <li>- Emergency services and crisis stabilization</li> <li>- Individual, group, and family outpatient counseling</li> <li>- Addiction treatment</li> <li>- In-home therapy</li> <li>- Therapeutic mentoring</li> <li>- Early intervention for children</li> <li>- Community outreach</li> <li>- Mental illness case management</li> </ul>	<ul style="list-style-type: none"> <li>- Spanish</li> <li>- Haitian Creole</li> <li>- Mandarin Chinese</li> <li>- Portuguese</li> <li>- Amharic</li> </ul>
<p align="center"><b>Family Continuity Programs (FCP)</b></p> <p align="center">360 Merrimack Street Lawrence, MA 01843 978-687-1617</p> <p align="center">9 Centennial Drive, Suite 202 Peabody, MA 01960 978-927-9410</p> <p align="center"><b>familycontinuity.org</b></p>	<ul style="list-style-type: none"> <li>- Children’s Behavioral Health Initiative (CBHI)</li> <li>- Family/community based services</li> <li>- Outpatient mental health clinics</li> <li>- Integrated care services</li> <li>- Workplace safety training</li> <li>- Specialized community programs</li> </ul>	<ul style="list-style-type: none"> <li>- Spanish</li> <li>- Interpreter services available</li> </ul>

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
<p><b>International Institute of Lowell</b></p> <p>15 Warren Street Lowell, MA 01852 978-459-9031</p> <p><b><a href="http://iine.org">iine.org</a></b></p>	<ul style="list-style-type: none"> <li>- Refugee resettlement</li> <li>- Health and mental health service navigation</li> <li>- Employment and education services</li> <li>- Targeted services for Asylees and Cuban-Haitian entrants</li> <li>- English for Speakers of Other Languages (ESOL)</li> </ul>	<ul style="list-style-type: none"> <li>- Interpreters services available</li> </ul>
<p><b>Jewish Family and Children's Services</b></p> <p>1430 Main Street Waltham, MA 02451 781-647-5327</p> <p><b><a href="http://jfcsboston.org">jfcsboston.org</a></b></p>	<ul style="list-style-type: none"> <li>- Child and family counseling</li> <li>- In-home services</li> <li>- School-based consultation</li> <li>- Community services</li> </ul>	<ul style="list-style-type: none"> <li>- German</li> <li>- Hebrew</li> <li>- Russian</li> <li>- Spanish</li> <li>- Yiddish</li> </ul>
<p><b>Lahey/Northeast Behavioral Health</b></p> <p>200 Main Street Haverhill, MA 01820 978-374-0414</p> <p>298 Washington Street Gloucester, MA 01930 978-922-0025</p> <p><b><a href="http://nebhealth.org">nebhealth.org</a></b></p>	<ul style="list-style-type: none"> <li>- Outpatient clinics, counseling, and medication services</li> <li>- Day treatment for adults</li> <li>- Addiction treatment</li> <li>- Child, youth, and family services</li> <li>- Inpatient mental health</li> <li>- Employee assistance programs</li> <li>- Emergency psychiatric care</li> </ul>	<ul style="list-style-type: none"> <li>- French (Haverhill site only)</li> <li>- Spanish</li> <li>- Haitian Creole</li> <li>- Shona</li> <li>- Japanese</li> </ul>

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<p><b>Lowell Community Health Metta Health Center</b></p> <p>135 Jackson Street Lowell, MA 01852 978-441-1700</p> <p><b>lchealth.org</b></p>	<ul style="list-style-type: none"> <li>- Focused on Southeast Asian and other refugee populations in Lowell</li> <li>- Mental health services</li> <li>- Acupuncture</li> <li>- Massage therapy</li> <li>- Social services</li> <li>- Meditation</li> <li>- Health education</li> </ul>	<ul style="list-style-type: none"> <li>- Khmer (Cambodian)</li> <li>- Laotian</li> <li>- Portuguese</li> <li>- Vietnamese</li> <li>- French</li> <li>- Mandarin Chinese</li> <li>- Hindi</li> <li>- Swahili</li> <li>- Interpreter services available</li> </ul>
<p><b>Massachusetts Alliance of Portuguese Speakers (MAPS)</b></p> <p>11 Mill Street Lowell, MA 01852 978-970-1250</p> <p><b>maps-inc.org</b></p>	<ul style="list-style-type: none"> <li>- Citizenship assistance</li> <li>- Domestic violence/sexual assault advocacy</li> <li>- Family support services</li> <li>- Intimate partner abuse educational program</li> <li>- Translation and notary services</li> <li>- Elder services</li> <li>- Employment and career assistance</li> <li>- Immigrant integration services</li> </ul>	<ul style="list-style-type: none"> <li>- Portuguese</li> </ul>

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<p><b>McLean Hospital</b></p> <p>115 Mill street Belmont, MA 02478 800-333-0338</p> <p><b><a href="http://mcleanhospital.org">mcleanhospital.org</a></b></p>	<ul style="list-style-type: none"> <li>- Alcohol/ drug abuse services</li> <li>- Child and adolescent services</li> <li>- Inpatient and outpatient services</li> <li>- Adult psychiatric program</li> <li>- Trauma, borderline personality disorder, and eating disorder services</li> </ul>	<ul style="list-style-type: none"> <li>- French</li> <li>- American Sign Language (ASL)</li> <li>- Interpreter available through telephone or in person</li> </ul>
<p><b>Mystic Valley Elder Services</b></p> <p>300 Commercial Street, Suite 19 Malden, MA 02148 781-324-7705</p> <p><b><a href="http://mves.org">mves.org</a></b></p>	<ul style="list-style-type: none"> <li>- Coordination of services</li> <li>- Services for LGBTQ seniors</li> <li>- Resource for Chinese-American seniors (citizenship, translations, etc.)</li> <li>- Services for adults with disabilities</li> <li>- Caregiver support services</li> </ul>	<ul style="list-style-type: none"> <li>- French</li> <li>- Fuzhou</li> <li>- German</li> <li>- Polish</li> <li>- Russian</li> <li>- Spanish</li> <li>- Ukrainian</li> <li>- Haitian Creole</li> </ul>
<p><b>Northeast Independent Living Program</b></p> <p>20 Ballard Road Lawrence, MA 01843 978-687-4288</p> <p><b><a href="http://nilp.org">nilp.org</a></b></p>	<ul style="list-style-type: none"> <li>- Advocacy</li> <li>- Personal care attendant program</li> <li>- Deaf and hard of hearing independent living services</li> <li>- Vocational rehabilitation learning community</li> <li>- Youth services program</li> </ul>	<ul style="list-style-type: none"> <li>- American Sign Language (ASL)</li> </ul>

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<p><b>Refugee &amp; Immigrant Assistance Center (RIAC)</b></p> <p>330 Lynnway Lynn, MA 01901 781-593-0100 Ext. 13</p> <p><b>riacboston.org</b></p>	<ul style="list-style-type: none"> <li>- Youth enrichment</li> <li>- Civics tutoring, citizenship, and Green Card services</li> <li>- Domestic violence advocacy</li> <li>- Community support program</li> <li>- Employment services</li> <li>- Extended case management</li> <li>- Refugee resettlement</li> <li>- Community mental health clinic</li> </ul>	<ul style="list-style-type: none"> <li>- Somali</li> <li>- Farsi</li> <li>- Arabic</li> <li>- Spanish</li> <li>- Swahili</li> </ul>
<p><b>Russian Community Association of Massachusetts</b></p> <p>330 Lynnway, Suite 302-Rear Lynn, MA 01901 781-593-0100</p> <p><b>rcamlynn.org</b></p>	<ul style="list-style-type: none"> <li>- Case management</li> <li>- English for employment classes</li> <li>- Youth programs</li> <li>- Elder services</li> <li>- Preventative health</li> <li>- Citizenship assistance</li> </ul>	<ul style="list-style-type: none"> <li>- Russian</li> <li>- Ukrainian</li> <li>- Moldavian</li> <li>- Turkish</li> <li>- Uzbek</li> <li>- Interpreter services available</li> </ul>
<p><b>South Bay Community Services</b></p> <p>35 Congress Street, Suite 214 Salem, MA 01970 978-542-1951</p> <p>22 Old Canal Drive Lowell, MA 01851 978-674-5400</p> <p>Other locations in Lawrence and Malden</p> <p><b>southbaycommunityservices.com</b></p>	<ul style="list-style-type: none"> <li>- Adult behavioral health</li> <li>- Substance abuse counseling</li> <li>- Children’s behavioral health</li> <li>- Day services</li> <li>- Autism services</li> <li>- Early childhood services</li> </ul>	<ul style="list-style-type: none"> <li>- Spanish</li> <li>- Portuguese</li> <li>- Khmer (Cambodian)</li> <li>- Japanese</li> </ul>



ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
<p><b>Wayside Youth &amp; Family Support Network</b></p> <p>73 East Merrimack Street Lowell, MA 01852 978-460-8712</p> <p><b>waysideyouth.org</b></p>	<ul style="list-style-type: none"> <li>- Intensive care coordination</li> <li>- In-home therapy</li> <li>- Therapeutic mentoring</li> <li>- Other family-based services</li> </ul>	<ul style="list-style-type: none"> <li>- Spanish</li> <li>- Portuguese</li> <li>- Khmer (Cambodian)</li> </ul>
<p><b>YouForward</b></p> <p>15 Union Street Lawrence, MA 01840 978-989-2047</p> <p><b>Drop-in Centers:</b> Mondays through Wednesdays 1:00-6:00pm YouForward-Entrance B in the back of the building 15 Union Street Lawrence, MA 01840</p> <p>Thursdays 2:00-5:00pm Haverhill YMCA 81 Winter Street Haverhill, MA 01830</p> <p><b>youforward.org</b></p>	<p>YouForward serves young adults ages 16-25 who experience mental health concerns. Services include:</p> <ul style="list-style-type: none"> <li>- Individual and Team-based support services to help young adults in the areas of education, housing, employment, physical and mental health and more.</li> <li>- Gathering &amp; Inspiring Future Talent (GIFT)/Employment courses</li> <li>- LGBTQ&amp;A Group and Activities</li> </ul>	<ul style="list-style-type: none"> <li>- Spanish</li> </ul>